



WILDERNESS FIRST AID COURSE

May 6-7

June 3-4

September 9-10

COURSE DESCRIPTION

Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" In this fast-paced and hands-on course, you will learn how to prepare for the unexpected.

The NOLS Wilderness Medicine Institute's (WMI) curriculum includes many advanced topics that other programs leave out such as dislocation reduction and epinephrine administration. In just two days, you will have the knowledge, skills and ability to make sound decisions in emergency situations.

This course is ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service, and other government agencies. This course does not include CPR.

Upon successful completion of the course, students will receive a two-year NOLS WMI Wilderness First Aid (WFA) certification. If you already hold a NOLS WMI Wilderness First Responder (WFR) or Wilderness EMT (WEMT) card, you may be able to use the WFA course to recertify (see below).

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM – 5:00 PM. Classroom lectures will be integrated with practical scenarios. Scenarios and practice sessions will take place both inside and outside. The weather in northern Arizona can be unpredictable and varies with the season. Please bring outdoor clothing appropriate for lying on the potentially wet, muddy, or snowy ground, playing the role of both rescuer and patient. Stage (moulage) blood and make-up will frequently be used to emphasize the reality of a scenario

You will need: waterproof jacket and pants, light hiking boots, a watch with a second hand, a pen/pencil, a water bottle, and layers of clothing well suited for spending time outside playing the role of patient and rescuer.

WFR RECERTIFICATION REQUIREMENTS

While the Wilderness First Aid course is not designed as a recertification course, NOLS WMI graduates may take a Wilderness First Aid (WFA) course to recertify their WFA, WFR or WEMT (wilderness portion only). WMI certifications will be afforded a one-year re-entry period after expiration within which to recertify. **This course cannot be used as a WFR or WEMT re-certification course if you hold a certification from a provider other than WMI.** For further information, see the Recertification FAQ portion of our website at www.nols.edu/wmi/admissions/recertification.shtml. If recertifying, you must submit a photocopy of your current certification card(s) on the first day of the course. We cannot issue you a new certification until we verify your previous training.

Participants using the WFA course to recertify their WFR will be required to pass both a written and a practical test on the second day of the course. Check the following web page for information and resources on how to best prepare for your course: <http://rendezvous.nols.edu/content/category/48/268/964/>.

REGISTRATION

Course tuition is \$235, and payment in full is required to reserve a spot in the course. The tuition fee covers textbooks, syllabus, equipment, and certification cards. Enroll online at www.FlagstaffFieldInstitute.com or mail the attached registration form with a check or money order.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from the course

- Greater than or equal to 30 days prior to the course starting date, Flagstaff Field Institute will retain a \$50 administrative fee. All other funds will be returned.
- Within 29 days prior to the starting date and throughout the duration of the course all deposit and tuition moneys are non-refundable.
- All course registrations are non-transferable.

WMI STUDENT AGREEMENT

(Including Assumption of Risks and Agreements of Release and Indemnity)

Please download this agreement at http://www.nols.edu/wmi/pdf/wmi_agreement.pdf and read it carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.**

COLLEGE CREDIT

Pre-Course: [Central Wyoming College \(CWC\)](#) and [Western State Colorado University \(Western\)](#) provide an open enrollment opportunity prior to a WMI course. Thirty days prior to the WMI course, interested students must initiate registration and payment for credit by requesting the enrollment forms for CWC or Western from WMI. Western State Colorado University Credits and Costs: WFA 1 credit ROE 397 \$80

On-Course: The WFA course is pre-approved for one semester hour credit through the University of Utah for an additional cost of \$95. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

TRAVEL DIRECTIONS

Courses are held at multiple locations throughout the year. Please check the website for the course location and directions: www.FlagstaffFieldInstitute.com.

LODGING

There are many, many lodging options in and around Flagstaff. Flagstaff is completely surrounded by national forest, and camping is available in various campgrounds around town. For more information on campgrounds as well as 'dispersed camping', please visit the Coconino National Forest website: www.fs.fed.us/r3/coconino/

Many students choose to stay at the Grand Canyon Hostel or DuBeau Hostel in downtown Flagstaff. These locations provide great access to the local climbing gym, restaurants, outdoor equipment shops, etc. For more information on the hostels, please visit www.grandcanyonhostel.com. The hostels offer a 'free, hearty breakfast' every day, and you'll receive a 15% discount off the cost of lodging if you mention that you're participating in a WFR course with Pete Walka and the Flagstaff Field Institute.

For other lodging options such as hotels, motels, or B&Bs, please visit the following websites:
Flagstaff Chamber of Commerce: www.flagstaffchamber.com
City of Flagstaff web site: www.flagstaff.az.us

RECREATION

Only 80 miles from the Grand Canyon, Flagstaff has long been recognized for its outstanding recreational opportunities. *Rock & Ice*, a climbing magazine, named Flagstaff one of the "10 Climbing Towns to Live For" in its September 2008 edition, and Flagstaff is surrounded by hundreds of miles of trails for running and mountain biking. The Flagstaff Nordic Center and Arizona Snowbowl provide cross-country and downhill skiing opportunities during the winter. Flagstaff also boasts a vibrant arts and entertainment scene and lots of great coffee shops. Bring your climbing shoes, hiking boots, running shoes, mountain bike, skis, and snowshoes – the recreational opportunities are amazing!

PLEASE NOTE

*Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave class until the pet is safely situated in a kennel or other facility. No exceptions.

*No smoking, alcohol, or illegal drugs allowed in class.

I LOOK FORWARD TO HAVING YOU IN THE COURSE!

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