



# HYBRID WILDERNESS FIRST RESPONDER RECERTIFICATION COURSES

**February 19-20**

**March 9-10**

**March 25-26**

**October 14-15 in Prescott**

## COURSE DESCRIPTION

Are your wilderness medicine protocols on the tip of your tongue or in the bottom of your pack? Join the leader in wilderness medicine for a two-day scenario-based course to review evacuation and decision-making guidelines. Our dynamic, experienced instructors will refresh you on current techniques, protocols and controversies in the wilderness medicine field. You will have opportunities to ask questions and to participate in challenging practice scenarios and case studies. The Wilderness First Responder Recertification (WFR Recertification) course includes WMI Adult and Child CPR and Airway Management certification. This course is the most popular recertification program in wilderness medicine and is ideal for current Wilderness First Responders and Wilderness EMTs.

## CLASS FORMAT AND PERSONAL PREPAREDNESS

**This new WFR Recertification Format course includes an online component.** Prior to arriving at the course site, you will need to go through materials (readings and videos) and complete the written WFR Recertification test online. Upon registering, you will receive an email with further information and a link to these online resources. Please note that these online resources are different from the review materials available on the WMI website.

Check in is at 7:45 AM on the first day of the course. Day 1 will run from 7:45AM – 5:00PM, with CPR that evening from 5:30 – 7:30PM. Day 2 will run from 8:00AM – 5:00PM. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios. Scenarios and practice sessions will take place both inside and outside. The weather in northern Arizona can be unpredictable and varies with the season. Bring outdoor clothing appropriate for lying on the potentially wet, muddy, or frozen ground playing the role of both rescuer and patient. Frequently, stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally, the classroom environment lends itself to a pair of comfy shoes/slippers and a Crazy Creek-type chair.

You will need: waterproof jacket and pants, light hiking boots, a watch with a second hand, a pen/pencil, a water bottle, and layers of clothing well suited for spending time outside playing the role of patient and rescuer.

## RECERTIFICATION REQUIREMENTS

This course may be used to recertify a WFR certification. You must possess a current (unexpired) WFR certification of at least 70 hours to recertify through a WFR Recertification course. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact WMI before enrolling in a course and review the recertification portion of our website: [www.nols.edu/en/courses/wilderness-medicine/recertify/](http://www.nols.edu/en/courses/wilderness-medicine/recertify/). WMI certifications will be afforded a one-year re-entry period after expiration within which to recertify. This course will also recertify those who hold a valid WEMT (wilderness portion only) or WAFSA certification. If recertifying, you must submit a photocopy of your current certification card(s) on the first day of the course. We cannot issue you a new certification until we verify your previous training.

Students will take a written exam online prior to the course and must score 70% to pass the exam. Students must also demonstrate their practical skills during scenarios throughout the course. **Students must successfully complete the written exam and demonstrate adequate practical skills to pass the course and obtain recertification from NOLS WMI.**

## REGISTRATION

**Course tuition is \$315, and payment in full is required to reserve a spot in the course.** The tuition fee covers instruction, textbooks, equipment, and certification cards. Enroll on the NOLS website using these links:

February 19-20, 2017: [www.nols.edu/portal/wmi/courses/11278/](http://www.nols.edu/portal/wmi/courses/11278/)

March 9-10, 2017: [www.nols.edu/portal/wmi/courses/11280/](http://www.nols.edu/portal/wmi/courses/11280/)

March 25-26, 2017: [www.nols.edu/portal/wmi/courses/11279/](http://www.nols.edu/portal/wmi/courses/11279/)

October 14-15, 2017: <https://www.nols.edu/portal/wmi/courses/11287/>

## CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from the course

- Greater than or equal to 30 days prior to the course starting date, Flagstaff Field Institute will retain a \$50 administrative fee. All other funds will be returned.
- Within 29 days prior to the starting date and throughout the duration of the course all deposit and tuition moneys are non-refundable.
- All course registrations are non-transferable.

## WMI STUDENT AGREEMENT

(Including Assumption of Risks and Agreements of Release and Indemnity)

Please download this agreement at [www.nols.edu/en/filer/public/1481658759/906/](http://www.nols.edu/en/filer/public/1481658759/906/) and read it carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.**

## CONTINUING EDUCATION CREDITS

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder Recertification course. Please bring a photocopy of your current EMT card(s) with you to your course.

### Pre-Course Access to College Credit

[Central Wyoming College \(CWC\)](#) and [Western State Colorado University \(Western\)](#) provide an open enrollment opportunity prior to a WMI course. Thirty days prior to the WMI course, interested students must initiate registration and payment for credit by requesting the enrollment forms for CWC or Western from WMI. Western State Colorado University Credits and Costs: WFR-R 1 credit ROE 397 \$80

## TRAVEL DIRECTIONS

Courses will be held at the following locations in Flagstaff:

February 19-20, 2017: Highlands Fire Department Station 23

March 9-10, 2017: Colton Research Center

March 25-26, 2017: Highlands Fire Department Station 23

October 14-15, 2017: Prescott College

Addresses and directions are available on the Flagstaff Field Institute website:

[www.FlagstaffFieldInstitute.com/resources/course-locations/](http://www.FlagstaffFieldInstitute.com/resources/course-locations/).

## LODGING

There are many, many lodging options in and around Flagstaff. Flagstaff is completely surrounded by national forest, and camping is available in various campgrounds around town. For more information on campgrounds as well as 'dispersed camping', please visit the Coconino National Forest website: [www.fs.fed.us/r3/coconino/](http://www.fs.fed.us/r3/coconino/)

Many students choose to stay at the Grand Canyon Hostel or DuBeau Hostel in downtown Flagstaff. These locations provide great access to the local climbing gym, restaurants, outdoor equipment shops, etc. For more information on the hostels, please visit [www.grandcanyonhostel.com](http://www.grandcanyonhostel.com). The hostels offer a 'free, hearty breakfast' every day, and you'll receive a 15% discount off the cost of lodging if you mention that you're participating in a WFR course with Pete Walka and the Flagstaff Field Institute.

For other lodging options such as hotels, motels, or B&Bs, please visit the following websites:

Flagstaff Chamber of Commerce: [www.flagstaffchamber.com](http://www.flagstaffchamber.com)

City of Flagstaff web site: [www.flagstaff.az.us](http://www.flagstaff.az.us)

## RECREATION

Only 80 miles from the Grand Canyon, Flagstaff has long been recognized for its outstanding recreational opportunities. *Rock & Ice*, a climbing magazine, named Flagstaff one of the "10 Climbing Towns to Live For" in its September 2008 edition, and Flagstaff is surrounded by hundreds of miles of trails for running and mountain biking. The Flagstaff Nordic Center and Arizona Snowbowl provide cross-country and downhill skiing opportunities during the winter. Flagstaff also boasts a vibrant arts and entertainment scene and lots of great coffee shops. Bring your climbing shoes, hiking boots, running shoes, mountain bike, skis, and snowshoes – the recreational opportunities are amazing!

## PLEASE NOTE

\*Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave class until the pet is safely situated in a kennel or other facility. No exceptions.

\*No smoking, alcohol, or illegal drugs allowed in class.

**I'M LOOKING FORWARD TO HAVING YOU IN THE COURSE!  
PLEASE DON'T HESITATE TO CONTACT ME WITH ANY QUESTIONS OR  
CONCERNS REGARDING THE COURSE.**

Pete Walka  
President, Flagstaff Field Institute, Inc.  
& Instructor, NOLS Wilderness Medicine  
(928) 890-7199  
[pete\\_walka@nols.edu](mailto:pete_walka@nols.edu)  
[www.FlagstaffFieldInstitute.com](http://www.FlagstaffFieldInstitute.com)  
[www.Facebook.com/FlagFieldInstitute](http://www.Facebook.com/FlagFieldInstitute)