



WILDERNESS UPGRADE FOR MEDICAL PROFESSIONALS

**March 2-6, 2017
In Flagstaff, Arizona**

COURSE DESCRIPTION

The NOLS WMI Wilderness Upgrade for Medical Professionals (WUMP) course is a nationally recognized program that trains participants to respond to medical emergencies in remote settings. The unique curriculum includes special topics such as dislocation reduction, focused spinal assessment, wound closure, litter packaging and medication administration. You'll also learn how to improvise equipment, deal with challenging environmental conditions and prevent emergencies. The intense, hands-on curriculum uses scenarios, mock rescues and case studies to teach you how to make tough decisions in tough situations.

This five-day course is ideal for EMTs, paramedics, nurses, physicians, and other medical professionals. The course will upgrade EMTs to WEMT and all others to Wilderness First Responders in accordance with the current standards in wilderness/rural pre-hospital medicine. The course is pre-approved for EMT continuing education units and Physician CMEs. The WUMP also serves to recertify the wilderness component of a Wilderness EMT (WEMT) certification or upgrade an existing EMT certification (State or National Registry) to WEMT. The wilderness component of a WEMT certification is supplemental to an existing State or National Registry EMT certification. All EMT students are required to submit a photocopy of their EMT certification card on the first day of the course.

REGISTRATION

Tuition for the course is \$735, and a deposit of \$435 is required to reserve a space in the course. Tuition balance is due on the first day of the course. The tuition fee covers instruction, textbooks, equipment, and certifications. Enroll online at www.FlagstaffFieldInstitute.com or mail the attached registration form with a check or money order.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM – 5:00 PM with two additional evening sessions. The format for this 48-hour WUMP course is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role-playing and simulated rescues. Scenarios and practice sessions will take place both inside and outside. The weather in northern Arizona is unpredictable and varies with the season. Please bring outdoor clothing appropriate for lying on the potentially wet, muddy or snowy ground, playing the role of both rescuer and patient. Often, stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally, the classroom environment lends itself to a pair of comfy shoes/slippers and a Crazy Creek-type chair. Attendance is required for all scheduled classes.

You will need: waterproof jacket and pants, light hiking boots, a watch with a second hand, a pen/pencil, a water bottle, and layers of clothing well suited for spending time outside playing the role of patient and rescuer. A 4-hour evening, outdoor mock rescue is part of the curriculum. For this activity, you'll also need a headlamp and small daypack.

CONTINUING EDUCATION AND COLLEGE CREDIT

EMT Continuing Education Units (CEU)

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 48 Continuing Education Units for participation in a WUMP course. Bring a photocopy of your current EMT card(s) with you to your course. Please ensure that CECBEMS CEUs will be accepted by your State EMS organization.

Physician, Physician Assistant and Nurse Continuing Medical Education (CME)

As a WMI student, physicians may earn 43 hours of category 1 CMEs for participation in a WUMP course at no additional cost. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Wilderness Medical Society and NOLS Wilderness Medicine Institute. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

Fellowship in the Academy of Wilderness Medicine (FAWM)

For active members of the Wilderness Medical Society, this course has been approved for 35.75 (30.75 primary + 5 elective) hours of credit towards Fellowship in the Academy of Wilderness Medicine (FAWM) at no additional cost to you as a WMI student. For more information visit <http://wms.org/fawm/fellowsbrochure-web.pdf>.

Pre-Course Access to College Credit

[Central Wyoming College \(CWC\)](#) and [Western State Colorado University \(Western\)](#) provide an open enrollment opportunity prior to a WMI course. Thirty days prior to the WMI course, interested students must initiate registration and payment for credit by requesting the enrollment forms for CWC or Western from WMI.

Western State Colorado University Credits and Costs: WUMP 2 credits ROE 397 \$160

On-Course Access to College Credit

The WUMP course is pre-approved for four semester hour credits through the University of Utah at a cost of \$350. If interested, please inquire with your instructors on the first day of class for the necessary information.

RECREATION AND LODGING

Only 80 miles from the Grand Canyon, Flagstaff has long been recognized for its outstanding recreational opportunities. *Rock & Ice*, a climbing magazine, named Flagstaff one of the "10 Climbing Towns to Live For" in its September 2008 edition, and Flagstaff is surrounded by hundreds of miles of trails for running and mountain biking. The Flagstaff Nordic Center and Arizona Snowbowl provide cross-country and downhill skiing opportunities during the winter. Flagstaff also boasts a vibrant arts and entertainment scene and lots of great coffee shops. Bring your climbing shoes, hiking boots, running shoes, mountain bike, skis, and snowshoes – the recreational opportunities are amazing!

There is no lodging option available at the course site, but there are many, many lodging options in and around Flagstaff. Flagstaff is completely surrounded by national forest, and camping is available in various campgrounds around town. For more information on campgrounds as well as 'dispersed camping', please visit the Coconino National Forest website: www.fs.fed.us/r3/coconino/

Many participants choose to stay at the Grand Canyon Hostel or DuBeau Hostel in downtown Flagstaff. These locations provide great access to the local climbing gym, restaurants, outdoor equipment shops, etc. For more information on the hostels, please visit www.grandcanyonhostel.com. The hostels offer a 'free, hearty breakfast' every day, and you'll receive a 15% discount off the cost of lodging if you mention that you're participating in a wilderness medicine course with Pete Walka and the Flagstaff Field Institute.

For other lodging options such as hotels, motels, or B&Bs, please visit the following websites:

Flagstaff Chamber of Commerce: www.flagstaffchamber.com

City of Flagstaff web site: www.flagstaff.az.us

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from the course

- Greater than or equal to 30 days prior to the course starting date, Flagstaff Field Institute will retain a \$50 administrative fee. All other funds will be returned.
- Within 29 days prior to the starting date and throughout the duration of the course all deposit and tuition moneys are non-refundable.
- All course registrations are non-transferable.

WMI STUDENT AGREEMENT

(Including Assumption of Risks and Agreements of Release and Indemnity)

Please download this agreement at www.nols.edu/wmi/pdf/wmi_agreement.pdf and read it carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.**

TRAVEL DIRECTIONS

The course will be held at Highlands Fire Department Station 23. Course address:

Highlands Fire Department station 23
3350 Old Munds Highway
Flagstaff, Arizona

Directions: From Flagstaff, drive south on Interstate 17 to exit 333 for Kachina Village. Turn left/east at the stop sign onto Kachina Boulevard/Mountaineer Road. Follow Mountaineer Road approximately 0.5 miles and turn left onto Old Munds Highway. Then take an immediate left into the parking lot at the station. Park on the south side of the station and enter the building through the west-facing door on the south side of the station. The course will be held in the Hirsch Community Center which is the classroom immediately to the right inside the station.

PLEASE NOTE

*Pets are not allowed at the course side. This includes leashing them outside or keeping them in your car. Any student bringing a pet to class will be asked to leave class until the pet is safely situated in a kennel or other facility. No exceptions.

*No smoking, alcohol, or illegal drugs allowed in class.

**I'M LOOKING FORWARD TO HAVING YOU IN THE COURSE!
PLEASE DON'T HESITATE TO CONTACT ME WITH ANY QUESTIONS OR CONCERNS
REGARDING THE COURSE.**

Pete Walka
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& Instructor, WMI of NOLS
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www.FlagstaffFieldInstitute.com



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REGISTRATION FORM

Name: _____

Address: _____

Phone: _____

Email: _____

Date of birth: _____

To reserve a spot in the course, you may enroll online at www.FlagstaffFieldInstitute.com or submit this form with a check or money order for \$435 as a deposit. Please make check or money order payable to **Flagstaff Field Institute**. The balance of the course tuition will be due on or before the first day of class. Mail your completed registration form and tuition payment to

Flagstaff Field Institute, Inc.
975 North Manzanita Way
Flagstaff, Arizona 86001

I have read and understand the refund policy described on the accompanying course letter.

Signature

Date