



WILDERNESS FIRST RESPONDER

January 3-12

January 7-15

February 18-26

March 11-19

April 1-9

May 16-25

August 11-19

November 3-11

COURSE DESCRIPTION

Essential for anyone who spends a significant amount of time in remote places, the Wilderness First Responder (WFR) course will prepare you to make difficult medical decisions. During this fast-paced, engaging course, you will spend half of your time outside of the classroom in realistic scenarios, including a full-scale night mock rescue. The nationally recognized NOLS Wilderness Medicine Institute (WMI) curriculum encompasses a wide range of topics including long-term patient care, wound management, straightening angulated fractures, reducing dislocations, litter packaging, and administering medications.

The rigorous 80-hour curriculum is delivered by dynamic educators who have practiced medicine in both wilderness and urban environments. You will leave this course with the tools and confidence to manage patients in the backcountry for multiple days. This course is ideal for all professionals operating in remote environments. WMI Adult and Child CPR & Airway Management certification is included.

CLASS FORMAT AND PERSONAL PREPAREDNESS

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00 AM – 5:00 PM. Two evening sessions will be scheduled. The format for this 80-hour WFR is classroom lectures integrated with practical scenarios, skills practice sessions, case studies, role playing and simulated rescues. Attendance is required for all scheduled classes. Scenarios and practice sessions will take place both inside and outside. The weather in northern Arizona can be unpredictable and varies with the season. Bring outdoor clothing appropriate for lying on the potentially wet, muddy, or frozen ground playing the role of both rescuer and patient. Frequently, stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally, the classroom environment lends itself to a pair of comfy shoes/slippers and a camp-type chair.

You will need: waterproof jacket and pants, light hiking boots, a watch with a second hand, a pen/pencil, a water bottle, and layers of clothing well suited for spending time outside playing the role of patient and rescuer. A 4-hour evening, outdoor mock rescue is part of the curriculum. For this activity, you'll also need a headlamp and small daypack.

REGISTRATION

Tuition for the course is \$745, and a deposit of \$445 is required to reserve a space in the course. Tuition balance is due on or before the first day of the course. The tuition fee covers instruction, textbooks, equipment, and certifications. WMI and FFI are not obligated to allow any student to attend a course until all WMI paperwork has been received, reviewed and approved by WMI. Enroll online at www.FlagstaffFieldInstitute.com or mail the attached registration form with a check or money order. The tuition balance may be paid with cash, check, or VISA/MC.

The January 7-15 WFR course will be held at Northern Arizona University and is open only to NAU students enrolled in PRM 216. Participants in the January 7-15 course must pay the entire tuition at the time of enrollment, and all enrollments must be made online at www.FlagstaffFieldInstitute.com.

CANCELLATION AND REFUND POLICY

If a student cancels or withdraws from the course

- Greater than or equal to 30 days prior to the course starting date, Flagstaff Field Institute will retain a \$50 administrative fee. All other funds will be returned.
- Within 29 days prior to the starting date and throughout the duration of the course all deposit and tuition moneys are non-refundable.
- All course registrations are non-transferable.

WMI STUDENT AGREEMENT

(Including Assumption of Risks and Agreements of Release and Indemnity)

Please download this agreement at http://www.nols.edu/wmi/pdf/wmi_agreement.pdf and read it carefully as it affects your legal rights. Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document as well. Without a signed document, you cannot participate in the course. **WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.**

CONTINUING EDUCATION AND COLLEGE CREDIT

WMI is proud to be a Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) accredited organization. Current EMTs are eligible to receive 70 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

Pre-Course Access to College Credit

[Central Wyoming College \(CWC\)](http://www.cwc.edu) and [Western State Colorado University \(Western\)](http://www.western.edu) provide an open enrollment opportunity prior to a WMI course. Thirty days prior to the WMI course, interested students must initiate registration and payment for credit by requesting the enrollment forms for CWC or Western from WMI. Western State Colorado University Credits and Costs: WFR 3 credits ROE 397 \$240

On-Course Access to College Credit

The WFR course is pre-approved for three semester hour credits through the University of Utah for an additional cost of \$300. If you are interested in receiving college credit, please inquire with your instructors on the first day of class for the necessary information.

COURSE LOCATIONS AND TRAVEL DIRECTIONS

Most courses are held at the Colton Research Center:

Pearson Hall – Building #34
Colton Research Center
3100 North Fort Valley Road
Flagstaff, Arizona

From downtown Flagstaff and the intersection of Route 66 and Humphreys Street, drive north on Humphreys Street. After many blocks, turn left onto Fort Valley Road/US 180 and go approximately 2.1 miles. Turn right onto North Winding Brook Road (marked by a large blue sign to a senior community named 'The Peaks') and go 0.2 miles to the intersection with West Research Center Drive. Turn left and park in one of the parking lots on either side of the road. The class will be held in Pearson Hall, Building #34, just west of the parking lots. A map is available on the FFI website:

www.flagstafffieldinstitute.com/resources/course-locations/

The January 7-15 WFR course will be held in the SBS West building on the campus of Northern Arizona University.

LODGING

There are many, many lodging options in and around Flagstaff. Flagstaff is completely surrounded by national forest, and camping is available in various campgrounds around town. For more information on campgrounds as well as 'dispersed camping', please visit the Coconino National Forest website:

www.fs.fed.us/r3/coconino/

Many students choose to stay at the Grand Canyon Hostel or DuBeau Hostel in downtown Flagstaff. These locations provide great access to the local climbing gym, restaurants, outdoor equipment shops, etc. For more information on the hostels, please visit www.grandcanyonhostel.com. The hostels offer a 'free, hearty breakfast' every day, and you'll receive a 15% discount off the cost of lodging if you mention that you're participating in a WFR course with Pete Walka and the Flagstaff Field Institute.

For other lodging options such as hotels, motels, or B&Bs, please visit the following websites:

Flagstaff Chamber of Commerce: www.flagstaffchamber.com

City of Flagstaff web site: www.flagstaff.az.us

RECREATION

Only 80 miles from the Grand Canyon, Flagstaff has long been recognized for its outstanding recreational opportunities. *Rock & Ice*, a climbing magazine, named Flagstaff one of the "10 Climbing Towns to Live For" in its September 2008 edition, and Flagstaff is surrounded by hundreds of miles of trails for running and mountain biking. The Flagstaff Nordic Center and Arizona Snowbowl provide cross-country and downhill skiing opportunities during the winter. Flagstaff also boasts a vibrant arts and entertainment scene and lots of great coffee shops. Bring your climbing shoes, hiking boots, running shoes, mountain bike, skis, and snowshoes – the recreational opportunities are amazing!

PLEASE NOTE

*Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave class until the pet is safely situated in a kennel or other facility. No exceptions.

*No smoking, alcohol, or illegal drugs allowed in class.

**Please don't hesitate to contact me with any questions.
I'm looking forward to having you in the course!**

Pete Walka
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& Instructor, NOLS Wilderness Medicine
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WILDERNESS FIRST RESPONDER REGISTRATION FORM

Name: _____

Address: _____

Phone: _____

Email: _____

Date of birth: _____

Please indicate which course you would like to attend:

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 April 1-9

February 18-26
 May 16-25

March 11-19
 August 11-19

To reserve a spot in the course, you may enroll online at www.FlagstaffFieldInstitute.com or submit this form with a check or money order for \$445 as deposit. Please make check or money order payable to **Flagstaff Field Institute**. The balance of the course tuition will be due on the first day of class.

Mail your completed registration form and tuition payment to

**Flagstaff Field Institute
975 North Manzanita Way
Flagstaff, Arizona 86001**

I have read and understand the refund policy described on the accompanying course letter.

Signature

Date